

**Extreme Abuse Survey**

**Carol Rutz' Announcement Letter**

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**Date:** December 31, 2006 – 20:56 MEZ  
**To:** Fellow Survivors of Extreme Abuse and Their Advocates  
**From:** Carol Rutz  
**Re:** Announcement of International Survey for Adult Survivors of Extreme Abuse <http://extreme-abuse-survey.net/>

Thousands of persons who survived Ritual Abuse and / or Mind Control and as a result may have developed DID have been ignored too long and further injured by their inability to find quality mental health providers who will recognize and treat them. That is why I feel it so important to enlist your help in completing this survey to be conducted between January 1 and March 31<sup>st</sup> 2007. (A second survey will be available in April for completion by therapists / counselors / clergy who have worked professionally with adult survivors of extreme abuse).

The survivor survey, available in English and German, is your opportunity to prove that Ritual Abuse, Mind Control, and Government Experimentation are not "Urban Legend," fantasy or implanted memories. Because of its international scope, I believe this to be the largest study of its kind, thereby giving credence to you and the reality of what has truly taken place.

If you have been unable to find a safe way to find and use your voice, now is your opportunity to do a completely anonymous survey that may affect a change in the way we are perceived by an uniformed public, as well as by some skeptical mental health professionals. The International Society for the Study of Dissociation addresses the issue of “ritual” [their quotes] abuse and government-sponsored experiments in its “Guidelines for Treating Dissociative Identity Disorder in Adults (2005).”

The developers of the guidelines state:

*“There is divergence of opinion in the field concerning the origins of patients’ reports of seemingly bizarre abuse experiences such as involvement in organized occultist “ritual” abuse and covert government sponsored mind control experiments.” They specify three opinions held by therapists: “(1) clinicians who believe patients’ reports of organized abuse; (2) clinicians who believe patients’*

*reports of other types of sadistic events are misremembered as "ritual" abuse and mind control; and (3) clinicians who believe that patients' reports can be explained "as contagion, unconscious defensive elaborations, false memory, delusion, or deliberate confabulation."*

Only a few researchers have interviewed, surveyed, or tested ritual abuse survivors directly and published their results in the peer-reviewed literature. In our literature review, we found no studies related to adults who remember both ritual abuse and trauma-based mind control or who remember mind control alone.

The ***purpose*** of the Survivor Survey is to explore commonalities shared by RA / MC survivors from around the world regarding:

1. Types of abuse/violence / tortures to which you have been subjected.
2. Aftereffects of RA / MC which you have experienced.
3. Methods of healing that have been most effective for you.

Thorsten Becker, Wanda Karriker, Bettina Overkamp and I are conducting this survey privately to give RA / MC survivors an opportunity to anonymously break the silence imposed by their perpetrators. We also hope to make others more aware of the existence of RA / MC, the aftereffects of extreme child abuse, and the resiliency of the human spirit. Your voice will not be silenced or altered by anyone who has tried to discredit your experiences.

The results of the survey will be widely disseminated on the World Wide Web, in press releases and included in a book titled *Ritual Abuse in the Twenty-first Century: Psychological, Forensic, Social and Political Considerations* edited by Randy Noblitt and Pamela Perskin. A group of renowned professionals from around the world will be contributing chapters.

I, Carol Rutz, am author of *A Nation Betrayed: The Chilling True Story of Secret Cold War Experiments Performed on Our Children and Other Innocent People*. I am a healed ritual abuse / mind control survivor who continues to work at endeavors which provide

validation and healing for the survivor community. (See <http://www2.dmci.net/users/casey>)

Thorsten Becker ([www.BeckerTho.de](http://www.BeckerTho.de)) is a Social Worker / Supervisor from Lueneburg, Germany. In 1994, he received the “German Child Protection Award” for his team’s work with ritually abused children.

Wanda Karriker, Ph.D. is a retired psychologist from North Carolina who spent a career working with RA/MC survivors. For more information about her advocacy work for survivors see [www.MorningComeQuickly.com](http://www.MorningComeQuickly.com).

Bettina Overkamp, Ph.D. is a psychologist working in a trauma ambulance in a psychiatric clinic in Germany. She is a member of the Executive Board of the European Society for Trauma and Dissociation (ESTD) and a member of the International Society for the Study of Dissociation (ISSD).

Please join me in showing the world that we exist by

1. Completing the anonymous survey at [www.extreme-abuse-survey.net](http://www.extreme-abuse-survey.net) which should take less than 30 minutes.
2. Forwarding this email announcement to other RA / MC survivors whom you know, email lists of survivors, and all professionals you know who work with RA / MC survivors and ask them to forward to others and ask others to forward to RA / MC survivors and to professionals (including therapists, physicians, clergy, deprogrammers, researchers, law enforcement, attorneys, etc. who have worked with RA / MC survivors, etc) literally sending the announcement around the world.

We can show a skeptical public that our numbers are beyond their wildest imaginations and that regardless of their belief or non-belief we need recognition and respect for having survived the most atrocious events known to humankind, hidden behind a mask of secrecy and disbelief.

Numbers do count.

Your voice does count and can make a difference.

Thank you,

Carol Rutz